



JOY RIDE PODCAST

Episode #6

Theme: Joy found in Kindness

Guest: Paul Blakey MBE

Paul Blakey MBE is the founder of Halifax Street Angels, the International CNI Network, author, broadcaster, communicator and popular speaker. Paul and his wife Jean launched Halifax Street Angels in November 2005 a project which, with the help of an amazing team of volunteers, has made a massive difference in Halifax and over one hundred and thirty towns and cities across the UK and beyond.

'Love the person in front of you. If we are all committed to that, what a wonderful place our country, nation, our world would be '

- How can you make your city streets, your work environment or your school 'like new again?'
- What 'one nice thing' can you do for someone else today?
- Loving the person in front of us will result in our communities being full of more joy, love, hope, purpose, peace, goodwill and will make them better & safer places to be.

If you or someone you know struggles with alcohol related issues, we would encourage you to free-phone the Samaritans on 116 123 (UK) or 116 123 (ROI) or you can email them at jo@samaritans.org

www.joyridepodcast.co.uk

